

FAKENHAM Showcase Day AND Shopkeepers Olympics

10AM - 1PM
EASTER
SATURDAY
19TH APRIL
2014



Clubs, businesses and organisations will be in the town centre showcasing some of the great opportunities available in Fakenham. Many will be **free** on the day. The theme is well-being, fun and sport.

Health stand with health trainers • **games and challenges** • **stalls** • **live music from Calamity** • **Zumba and Boxercise** • **Irish, Balkan and line dancing** • **activities** • **food and drink** • **health and well-being advice** • **free giveaways** • **have a go rugby, soccer, golf, table tennis and more** • **tug of war** • **plus have a go at all the events in the Shopkeepers Olympics** • **prizes**



This year there will be the first and possibly the only Fakenham Shopkeepers Olympics!

Local traders and their customers will compete for the Brenda Coldrick Memorial Cup in a range of fun and not too serious challenges. Including:

street tug of war • **the grand inflatable golf challenge** • **gym triathlon** • **rugby skills** • **military circuits** • **garden games** • **Fakenham Junior School Challenge** • **soccer skills** • **table tennis and more**. Support your team or favourite shop!



OUR CHARITY FOR THE DAY: FAKENHAM JUNIOR SCHOOL CENTENARY RAILINGS PROJECT



GET **active** IN FAKENHAM 16-24 AUGUST

Now's the time to be in Fakenham for residents and visitors of all ages and abilities to enjoy our town. A week of free or discounted activities and taster sessions put on by local clubs, businesses and organisations. All free or discounted.

Look out for the programme sponsored by Aldiss available in July/August

GET ACTIVE IN FAKENHAM WEEK CHARITY: REBECCA'S WISHES



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www.activefakenham.org.uk



SUNDAY 24 AUGUST
**FAKENHAM
FIFTY**

The Fakenham 50 is a fun social, cycle ride through some of the best cycling routes in the country. It is a gentle ride, but has some challenges. Five routes range from 14 to 74 miles.



There will be music, massage, food, drink, and stalls at the Community Centre and gardens.

For more information or to register online visit www.activefakenham.org.uk/fakenham-50 or ring 07887 803091. You can also register at Sweets'n'Things, 8 Oak Street.

Why not ride for our official charity the Environmental Investigation Agency (EIA)
www.eia-international.org



Following a £100,000 refurbishment Fakenham is developing a new Community Theatre as part of the Fakenham Community Campus, featuring the best East Anglian theatre companies.



**FAKENHAM
COMMUNITY
THEATRE**

Forthcoming productions:

Date

Fri 4 April 7.30pm
Sat 19 April 7.30pm
Sat 16 Aug 4pm+6pm
Sat 16 August 2-3pm

Production

The Canada Boys
The Bricks of Burston
Romeo or Juliet
Drama workshop
(Age 13-19, £3)
Beauty's Legacy

Theatre Company

fEast Theatre
Stuff of Dreams
The Keepers Daughter
The Keepers Daughter
The Keepers Daughter

Fri 26 Sept 7.30pm

Tickets from Sweets'n'Things, 8 Oak Street or ring **01328 855172**
or book online at: www.fakenhamcommunitycampus.org.uk
www.activefakenham.org.uk

